

Valentine's Day Idioms

Text 2: Underline & define all the heart idioms. Compare your answers on the next page.

Emotional people are sometimes said to wear their hearts on their sleeves. It's difficult to see something that breaks someone's heart, but it's certainly better to have one's heart in the right place rather than have a heart of stone. I guess I enjoy pouring my heart out to someone who speaks from the heart. It's true that emotional people might get their hearts broken more easily, but then again it's better to have loved and lost than never to have loved at all... I have a soft spot in my heart for my friend Jack. He always follows his heart, even if, sometimes, he takes things too much to heart. All in all, he might have a heavy heart from time to time, but he's not one to have a change of heart about what he truly believes.

Adapted from <http://www.englishcafe.com>



Text 2 Idiom Definitions:

- ♥ **to wear your heart on your sleeve** = to be very open and obvious about how you feel
 - *Jane wears her heart on her sleeve. You can always tell what she's thinking.*
- ♥ **to break someone's heart** = to hurt someone very much, in a romantic sense, but also in a general sense
 - *Don't break David's heart!*
- ♥ **to have your heart in the right place** = to be do something honestly and with integrity. Often used to express that someone is trying hard, but having difficulties.
 - *Bob has his heart in the right place, but he is having difficulty succeeding.*
- ♥ **to have a heart of stone** = to be cold and indifferent
 - *She poured her heart out to her boyfriend a heart of stone.*
- ♥ **to pour your heart out to someone** = to tell someone everything
 - *She poured her heart out to her boyfriend and then felt better.*
- ♥ **to speak from the heart** = to be very honest
 - *You can trust Jack. He speaks from the heart.*
- ♥ **to get your heart broken** = to be disappointed in a romantic sense
 - *I'm afraid he got his heart broken by Susan.*
- ♥ **to have a soft spot in your heart for something or someone** = to especially enjoy or appreciate something and tend to love anything connected to that topic or person
 - *I have a soft spot in my heart for ice-cream.*
- ♥ **to follow your heart** = to do what you feel is right
 - *Follow your heart when deciding on a career.*
- ♥ **to take something to heart** = to be hurt emotionally by something
 - *I wouldn't take what he said to heart.*
- ♥ **to have a heavy heart** = to be sad
 - *Peter seems like he has a heavy heart these days.*
- ♥ **to have a change of heart** = to change your mind about something or someone
 - *Alice had a change of heart and decided to go to Greece instead of Italy.*